

EARTH AND SPIRIT - JANUARY 2019: Grounding Of Ascension

Dear friends, dear interested people!

Spiritual outlook for 2019 and 2020

The years 2019 and 2020 will be marked by **the grounding of the ascent**. This means that the eternal light, which we are in reality, begins to reveal itself more visibly through the human personality.

Up to now the ascent has been a more and more perceptible reality for the ascendants themselves since the beginning of the ascent at the end of the 1990s, but for many skeptics and outsiders it was just a matter of faith or a personal world view or actually non-existent.

Now, however, the purification through ascension soon reaches such a quality in the coming time that eternity begins to shine through the temporal.

This also leads to the union of God and man in God. God is the true self of all life. It is common to all of us as the actual and only real reality, which we ourselves are.

So on the one hand we speak of the true self: „pure consciousness, eternally unchanged, timeless, without dimension, silent, imperishable, radiant, ecstatic, homogeneous, isolated, all-encompassing, always pure, eternally new, omniscient, the only really existing life, all-one, the unmoving mover, without inside and outside, the source etc., the true self.“

And on the other hand, there is often talk of: *evolution, ascension, change, transformation, light and dark, the right way and the wrong way, the individual soul, God and man, unity with nature, different dimensions of being, etc.* All events in space and time that affect the human or spiritual personality.

However, in the process of spiritual ascent or the path of salvation, both now finally and visibly intertwine, with God as the only real reality being the dominating one and the human being the given one.

The spiritual ascent, what has happened so far

Spiritual ascension is a self-liberation of (reincarnating) souls from the bondage of space and time back to conscious unity with God for the celebration of life in bliss. It is a development that began a very long time ago, but has accelerated significantly since the late 1990s.

Spiritual peak of the old patriarchal Western civilization at the millennium

In 1999/2000 was the "peak of Western civilization". The experience that one only realized oneself as an outwardly directed individualistic person, i.e. identified with body-limited humanity, reached its maximization for Western civilization as a whole. The freedom of individual and society also reached an unprecedented peak at the end of the 1990s and is now even declining again. Until the millennium an apparently purely outward-looking development of the ego often took place in harmony with the light in order to generate the necessary life experience and wisdom, and the soul did not interfere. The spiritual harvest of culture as homecoming to God was then gradually initiated with the beginning of ascension at the end of the 90s.

In the year 2001 the process began to gain visibly in dynamism for the ascenders, at the same time the moral and also increasingly economic decline¹ of Western civilization, as a dialectical counter-development to ascension. In 2001, the "World Trade Center" in New York was reduced to rubble. The real economic world trade center is now shifting more and more to Asia. The development with the climax of our western culture can also be seen symbolically...

2009: Ascent of the First Movers into the heart chakra (Vishnu-Granhti)

In 2009, [the first series of ascenders](#)² collectively reached the realization of the heart chakra-consciousness, which is already a semi-divine state of being, and was already the spiritual leader of humanity, but was not followed in 2009, otherwise we would already have another world today. Likely the time, or rather the collective consciousness, was not yet ripe for it.

2008 was accompanied by a financial crash on the markets (as inside so outside) and the exploitative economic system could have ended at that time and mankind could have collectively followed the newly born heart consciousness, but this did not happen. Instead, the financial system perverted itself and negative interest rates were introduced. Something that has never existed before in financial history. The financial system has survived the crisis for the time being, but with more debt today than before, but humanity continues to suffer³.

2012: End of the old world?

In the year 2012 the identification with the human being and the individual soul ended completely for some of the ascenders from the front row, for other ascenders, instead, for the first time (!) a bright and completely new social perspective for mankind united became visible as light in the heart.

Thus the perspective was changed completely or partially, from a relative human or individual perspective to an absolute or divine one. However, everything is largely invisible to the largely agnostic outside world. In my personal case, the [spiritual awakening](#) happened on 6.12.2012, for example, but this had already been indicated more and more step by step by continuous partial awakening experiences (e.g. experience of absolute unity in 2005, etc.).

In 2013 it became apparent that most of humanity would unfortunately not yet participate in the ascent. However, it remains to be hoped that many will eventually follow the light when it becomes physically "perceptible" in the coming completion phase of the ascent. It is the task of the coming years from 2019 and especially in the 2020s, when the light will sink more and more to the earth and will then be visible in the 3D dimension for those who cannot yet remember that in reality they are not mortal personalities limited to space and time.

The greatest unknown is currently, in my view, the number of ascenders in the so-called [3rd wave](#), which certainly makes up the largest group of all ascending humans. These are all people who need on the soul level a directly perceptible touch, through the physical human being, with the light

¹ What is meant first of all is the impoverishment of ever larger sections of the population, the ever widening gap between rich and poor, the multiple loss of genuine democracy to technocratic governments, which above all serve global corporations and no longer the people, etc., etc. etc.

² The ascent is divided into waves, according to the stages of development of the souls. The first row of ascenders is the vanguard, while the ascenders of the second and third rows experience the same realizations somewhat later as they continue to surrender to the light.

³ The financial crisis led to the invention of crypto currencies. These seemed to be the rescue and response to the financial crisis. However, there is no liberating solution for mankind within the polarity ("Bitcoin wears electric hair"), not even through crypto currencies. Why crypto currencies as a new world currency are spiritually seen even a step backwards and lead to the compression of the illusion, I have well explained on my homepage in an updated article for interested ones under: <http://www.erde-und-geist.de/finanzsystem.html#bitcoin>

radiated on the physical earth, so that they can wake up. On the soul level it has already been decided how many there are, for in reality there is no space and no time. For the awakening of the planet in the apparent passage of time, it is essential whether the number of people open to ascension is more than half the Earth's population or not.

2014-2017 "My kingdom is not of this world"

"Life is a bridge. Go over it, but don't build a house on it." - Indian proverb

"Jesus said: Be passersby!" - Logion 42, Gospel of Thomas

In 2014 it became visible to the ascendants that the [kingdom of God](#) is not of this world as Jesus taught it. This means that ultimately it is not the spiritual goal to experience oneself as a human being or to experience oneself in these 3D boundaries (as a home), nor as a progressively developed but physically limited humanity in love (anahata chakra humanity). *Everything that is limited is ultimately painful and does not really correspond to our being creators.* Even the very refined developmental stages of the still human heart chakra (Anahata) and Vishuddhi chakra consciousness, which are already far (!) above the everyday consciousness of ordinary people, are still subtly a reflection of the old egocentricity or fallen consciousness. The new being, in its original form and highest form, is instead a dwelling in divine silence and its self-expression. The awareness that it is so was further developed by the ascenders of the First Row in 2014-2017.

2017 Final Decision and the First Year in the New Energy of Ascension

In August of 2017, the final decision was made on the soul level for the ascent⁴. This is the free will agreement to give everything, including if necessary one's own physical life, to God for the ascent of the soul. Only then did everything really go into dissolution towards the silence that is the origin, and only then was the possibility of a new creation born out of light.

After this decision was made and there was the "procreation" of ascension in the physical plane, 2018 was a year of growing up in the womb; undiscovered by the outer world.

2018 was such a year of upheaval, where both the [old](#) and the [new](#) seemed to coexist. However, the old energy in total expression still retained the supremacy over the new energy on the individual level as well as naturally visible to all of us on the collective level. But the light continued to grow in secret.

2019: The child of ascension comes into the world

2019 and also 2020 will in some way be a year of birth or grounding of the ascent. First of all on an individual level (2019). Birth here means that the [new energy](#) gradually takes over the dominance in the total expression of a human being. As the year 2019 draws to a close, however, the ascent will expand more and more into the collective, but this will not really be the issue until 2020 and beyond.

⁴ This also applies to all newly incarnating souls on Earth. They have (temporarily) chosen their position in relation to the reality of ascension before birth or in an earlier existence. The fact of the ascent is now on our present timeline in "everything-what-is" a decided thing

2019 is a year in which the masculine and feminine energy of the ascenders of the first hour reach complete equality, unite to something new, beyond the world, and thus overcome or abolish the polarity of the three-dimensional world, which is the energetic completion of ascension.

This has already happened in 2017 on the important souldecision-making level, which makes 2017 the actual year of ascension (!), and is also energetically (i.e. in the transformation process) at the current time already implemented to a good degree by the strenuous transformation year 2018.

First go into the complete "zero", then a new being can manifest itself.

"They are not of the world, just as I am not of the world." - Christian Bible, John 17:16

This complete overcoming or dying of the old is a prerequisite for entering into the preworldly state of silence⁵, which is our true self. Only through this complete stopping, which is the theme of 2019 and 2020, can anything new emerge at all.

One must first go completely "into the zero", a stopping of the mind must happen (*yogaś citta-vṛtti-nirodhaḥ*⁶), before from the silence - the zero - a new world can be born at all.

The ascenders return, by withdrawing all human identifications, into the self again into the original divine garment of light, which is not of this world, and at the same time ground this light on the physical for the first time, so that it is perceptibly radiated onto the three-dimensional world. The body is not discarded, but inwardly ascender dies a great death. However, the necessary transformation process has been going on intensively since summer 2017.

I already had such a vision some years ago (ca. 2011) in a meditation for ascension:

I saw that I would let go of everything and the whole world including my relative self would disappear. That I would go into a total energetic zero, the emptiness that contains everything and that is my true self. I wondered if there would ever be a creation again. But I saw that from my (spiritual) heart a new world, a much brighter world would be born. This time, however, this new creation was always conscious of its oneness in God and not self-forgotten and turned away as it is today. It was a complete oneness that was always conscious of its oneness...

The invisible divine becomes "visible or perceptible" in the three-dimensional world.

The invisible divine becomes experiencable/feelable through the accomplishing ascent and thus of-fensible to all people, independent of their individual stage of development or their personal faith. Anyone who comes into contact with it can then at least subliminally feel or be confronted with the truth of our true self. Intellectual proofs are then, by the way, often superfluous, where direct personal experience begins.

⁵ [https://en.wikipedia.org/wiki/Mauna_\(silence\)](https://en.wikipedia.org/wiki/Mauna_(silence))

⁶ In the second verse of the Yoga Sutras, Patanjali gives the goal of Yoga to *yogaś citta-vṛtti-nirodhaḥ* (Samadhi): "Yoga is the inner state in which the spiritual processes come to rest." See also here: https://en.wikipedia.org/wiki/Yoga_Sutras_of_Patanjali

This appearance of light on the physical earth is a blessing for mankind, but at the same time also a challenge.

The times when one could talk oneself out of the fact that one is just a mortal human being and therefore there is no path of light into infinity and thus no responsibility for one's own soul and its transformational path, are over from then on. Every single person on earth will be confronted with this truth in the course of this ascent to his own time.

The last opportunity to turn back, for a very long time.

At this point, at the latest, after all the years of ascension, where the transcendent light sinks more and more down on Mother Earth, every person, every person at his individual time, is asked one last time on the soul level whether he wants to believe in the divine in himself and whether he wants to give his life to this eternal truth and strive for it or not. More than a direct experience of divinity through the mortal garment of the earth is not possible. Therefore, this lowering of the divine light to the three-dimensional world is the maximum insight that God can give to the seeking souls. To believe in God and to love, i.e. to allow changes, is the task of the soul.

To believe means to believe that it is true. Not only with the intellect, but above all with the heart or your essence. Striving for it means moving towards it at some speed in thinking, feeling and acting. The speed, and whether it is reached in this life, is not decisive for judging whether someone is moving towards God, but the direction (!) is decisive.

„Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.“ – Christian Bible, Mark 12:30

It is the last opportunity for a very long time to go with the ascent or to sink deeper into it for a very long time than ever before, into a new level of separateness and self-forgetfulness⁷.

Still, the resistance in the collective, however, is felt very great against the ascension as a whole and all that is light. That is the surface, the visible. What is real we will see as the light now sinks more and more to the earth.

Does an end to the current financial system "force" a change in people's thinking?

“Mother Earth would like to see the end of the current „industrial and growth society“ and the transition to a more sustainable model in love with all living beings and Mother Earth as a whole.“

Much would have to change very strongly. Since the beginning of the year 2019 I feel a new and direct connection to Mother Earth, the planetary consciousness, which is spiritually seen the superior of the people as inhabitants and children of the planet.

Mother Earth would like to see the end of the current industrial and growth society and the transition to a more

⁷ Please consider the possibilities where a soul can develop if it remains in samsara or deception. The human plane is right in the middle of the planes of being between light and darkness. If one has not yet irrevocably entered the path of salvation that liberates one from the illusion and which I want to convey to you with my letters ([stream entry](#)), one can ascend very high and also descend very low into the cosmic illusion again, completely after whether one acts lightly or not. Details e.g. here <https://www.accesstoinight.org/ptf/dhamma/sagga/loka.html>

sustainable model in love with all living beings and Mother Earth as a whole.

Of course, there will also be some industry on the new Earth, but the direction must change significantly. Many adjustments are necessary to be able to resonate with the new energy.

At the moment it seems downright unimaginable, because the world is firmly in the hands of darkness and the ecological destruction of the planet is progressing visibly for all of us. People really have to change a lot in the long run. Even many so-called "spiritual people" do not even want to do without meat at the present time and for their own spiritual damage (in the sense of ascension), for example, out of love for their fellow creatures. Therefore, there is still much "development potential" on the path of love for our humanity.

"The greatness and moral progress of a nation can be measured by the way it treats animals."

"I believe that spiritual progress at some point requires us to stop killing our fellow creatures to satisfy our physical desires." Mahatma Gandhi

I intuitively see the possibility (but not the certainty) of a gradually beginning financial and economic crisis in the course of the 2020s, which this time in contrast to 2008 can no longer be stopped by financial manipulations etc. This would help to bring about positive change on Earth, because nothing can grow on rotten soil.

Predictions about the future are always uncertain, because some things should remain hidden!

Here is a reminder: Predictions about the future are always uncertain, because some things should remain hidden and are known only to God himself. If many things had been known, perhaps fewer people would have decided for the light or other people would not have been really tested, by intensive "either-or-decisions". Therefore, images of the future are always uncertain and often so desired by the Self.

For example, everything can come differently and no ascent can take place outside! Are you prepared for this or do you cling to the outer result, which then is no real devotion?

For example, the Christian Bible speaks of ascension in Revelation chapter 12 (The Woman and the Dragon). There no ascent is seen, as the Lightworker collective sees it today. Instead, the child (ascension) is conceived and born, but after birth is raptured to heaven, because the time (collective consciousness) is not yet ripe. The mother must flee into the desert from the dragon (Satan) who rules the world...

So this vision of the old masters from the bible does not foresee a collective ascent for the time being, but only an enlightenment of the few. The ascenders themselves are also in the negative biblical version fully liberated and no suffering will happen to them (as soul or self)⁸.

The more modern predictions assume that we are in a different *time line* in which ascension, in contrast to the biblical version, will also take place visibly on the outside. Will it really happen? I am curious myself! It is considered a hint to those who believe that we can freely choose the future and the timeline but to consider that there is karma, which is the unconscious and therefore unknown.

⁸ See Revelation 7: "the redeemed from all nations before the throne of God".

What one unconsciously identifies with restricts the freedom of choice of the soul as far as the future is concerned, only the completely liberated can also choose completely freely...

It is considered a hint to those who believe that we can always freely choose the future and the timeline, to consider that there is karma, which is the unconscious and therefore the unknown. What one unconsciously identifies with restricts the freedom of choice of the soul as far as the future is concerned, only the completely liberated can choose completely freely...

The "disappointment" of 2012 as a test of a soul's true intentions

So when you think of predictions and their unpredictability, you only think back to the year 2012, which actually brought the end of the old world for many. Collectively, however, for many the year was one of the greatest disappointments of their lives, because they expected that change would show itself primarily on the outside (!). Some were so disappointed that they turned their backs on the spiritual path, an example of the many trials on the way to themselves. Whoever turns his back on love because of such disappointment shows that he was not at all interested in love itself, but only in pleasant experiences, i.e. the always fleeting outside...

So in a way the old world has in fact already ended for many for whom the theme was in 2012 in the sense of true self-knowledge, but also really only for those who also chose it that way on the soul level.

2013 and the following years until 2017 were then difficult years for the ascenders, which showed that the mass of the population did not participate in the ascension for the time being, yet the ascension kept the gate of love open and the lightworkers on the way increased the light by walking the path of love in space and time.

Because I know that everything outside is always uncertain, I attach so much importance to the way of salvation

Because I know that everything on the outside is always uncertain, in my newsletters I always focus so much on the process of awakening (= [direct recognition of the true self](#)) and the [path of love](#) that leads to liberation from polarity.

Thus one becomes quite certainly independent of external phenomena and is always *blissful, free, in God himself, free from the world*.

This is what primarily matters, dear readers, and not beautiful but unfortunately transient experiences in being human!

To make it clear to my readers that this is generally accepted wisdom, I quote Buddha's teaching⁹ again, but it is also Christ's teaching that the kingdom is not of this world:

*"[...] But eventually the practitioner begins to recognize the intrinsic drawbacks of even this kind of happiness: as good as rebirth in wholesome states may be, the happiness it brings is not a true and lasting one, for it relies on conditions over which he or she ultimately **has no control**. This marks a crucial turning point in the training, when the practitioner begins to grasp that true happiness will never be found in the realm of the physical and sensual world. The only possible route to an unconditioned happiness lies in renunciation, in turning away from the sensual realm, by trading the familiar, lower forms of happiness for something far more rewarding and noble. Now, at last, the practitioner is ripe to receive the teachings on the Four Noble Truths, which spell out the course of mental training required to realize the highest happiness: nibbana. "*

Brief description of why awakening and ascension belong together

Without the existence of awakening or the true self, there would be no hope of eternity and eternal love, only death. Any spiritual path would ultimately be completely worthless, for there would be nothing to gain.

However, the one who only recognizes the true self without giving up the attachment to all earthly phenomena, which happens through the path of unconditional love, resembles a lucid dreamer who is eternally trapped in a repetitive nightmare (reincarnation), where he knows for sure that it is only a dream, but he still cannot end the dream, change nothing substantial or prevent suffering.

A state in which, by the way, most modern Satsang teachers are in the West ("Neoadvaita"). People who have indeed (!) recognized their true eternal self in the course of their lives, but who do not allow any further and complete dissolution of the ego on the personality level due to a lack of wisdom.

These Satsang teachers can actually help you to recognize the true self. However, they cannot mediate salvation from suffering, for the sorrowful ego dream continues endlessly for themselves until they also allow the transformation path of ascension.

Therefore, the path of love or ascension is always needed, even after the realization of the true self (awakening), until the creation and the experiencer have dissolved energetically.

This was and is the eternal teaching of the old masters including Jesus Christ, which I too would like to pass on to you unadulterated from the modern zeitgeist of arbitrariness, as (according to my deepest conviction) the true and only true way of salvation!

⁹ Source: <https://www.accesstoinsight.org/ptf/dhamma/index.html>

“Even after the Truth has been realised, there remains that strong, beginningless, obstinate impression that one is the agent and experiencer, which is the cause of one’s transmigration. It has to be carefully removed by living in a state of constant identification with the Supreme Self. Sages call that Liberation which is the attenuation of Vasanas (impressions) here and now.” - Verse 267 [Vivekachudamani](#) (Jewel of Discrimination) -Adi Sankaracharya

I wish you a bright 2019!

Your Bernhard Goller (Damodar)

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